

TEACHER/ADULT CHAPERONES GUIDELINES

Please review these with your chaperones and students prior to arrival at SLOS.

1. Before classes:



- a. Have students ready for class **ten minutes** ahead of time.
- b. Gather snacks, drinks, insect repellent and/or journals; use the bathroom **before** class.
- c. Make sure students are **dressed appropriately** for class (**long** pants, walking/hiking shoes) and the weather conditions (e.g. coats, hats, gloves, raincoats, boots).
- d. Be sure that **medicines**, inhalers, epi kits, etc. are along on hikes. **Inform SLOS teachers of any medical or physical concerns (of students and/or chaperones) BEFORE class.**

2. During classes:

- a. **Model** attitudes of interest and participation for the children.
- b. **Monitor** and address inappropriate student behavior discreetly.
- c. **Reinforce** student listening, participation, and cooperation.
- d. Use of cell phones is disturbing during class. If necessary, use **before or after** class sessions.



3. During free time:

- a. Take short showers.
- b. In winter, turn heat down 5 degrees during the day and make sure windows are closed when leaving the room
- c. Turn lights out when leaving the room.
- d. Respect furniture and beds. No jumping or bouncing on any furniture.
- e. Children must be with a responsible adult **at all times**.
- f. **Quiet time starts at 11PM**. Children should be in their rooms by then.

4. During meals:

- a. Monitor children/students through the buffet line and while eating. Our motto is **“Take all you want, but eat all you take”**.
- b. At least **one adult** should sit **at each table** with students. Make sure students clean their area and push in their chair when leaving.
- c. When dismissed, **students must have an adult accompany them!**



5. Other notes:

- a. Spruce Lake has a **NO SMOKING** policy!
- b. **Certain classes involve some rigorous hiking**; please plan your personal and other chaperone participation accordingly. If you have any questions or concerns, ask a SLOS teacher. Some of these classes are: **CR-** Cliff Rappelling, **MSG-** Mountain & Stream Geology, **SMH-** Spruce Mountain Hike, **WFH-** Waterfall Hike
- c. Rooms **need to be vacated by 8:50am** of your last day (**before the morning class at 9am**). Load your vehicles or drop-off luggage at designated site until departure time.
- d. Assign an adult to **check all lodging** facilities for any damages, garbage or any items that may have been left behind.

