

# Wilderness Camp

A ministry of Spruce Lake Retreat

5389 RT. 447 CANADENSIS, PA 18325 PHONE: 800-822-7505X2 FAX: 570-595-0328 EMAIL: WC2017@SPRUCELAKE.ORG

Dear Parent,

Spruce Lake Wilderness Camp is excited to serve you and your child this summer! Each year we work hard to hire quality staff and thoroughly plan programs to assure that camp remains a safe place for kids to grow in independence, make new friends and experience Christ's love. Our theme this year will be "Love One Another" based on 1 John 4:21, "Whoever loves God must also love his brother." We are working on creating exciting and engaging experiences to share Christ's teaching throughout the day.

This packet contains information for you, the parent, about your son/daughter's upcoming camping experience. We hope to answer common questions and be open about our policies and procedures. We know it is a lot of information so, please don't hesitate to call or E-Mail with questions.

God Bless,

*Josh Reichart*

Wilderness Camp Director

## Things to do now that you have registered:

- Look over the [printable details](#) for the camp your child is attending. There you will find arrival and departure details, a packing list, and much more.
- [Plan ahead on Health information](#). You will need a health exam within 24 months of attending, a tetanus booster within 10 years, and if your child is taking prescription medication regularly (including inhalers and epi-pens) or while attending camp, a detailed medication list and the original containers to bring to camp.

**Things to do by 3 weeks prior to your child's camping experience (NOTE: you can do these online by going to Parents' Place and clicking on the appropriate link; you will need to login to your online account so the information is secure):**

- [Make the final payment if you have not already done so.](#)
- [Mail / fill out online the completed Camper Health Form.](#)
- Visit the [printable details](#) for the camp your child is attending. This will help you pack & see activity options.

## Remember to contact us if:

1. You are aware of [any current issues](#) that arise after the health form is submitted such as a recent injury or illness, psychiatric issues, or traumatic events (parental issues, loss of a loved one).
2. [You made arrangements for someone to pick up your child not specified as an authorized adult while registering.](#)
3. You are planning to visit camp while in operation for any reason to make arrangements in advance.
4. You have [travel related issues](#) that affect your arrival or pick-up times for your camper; special arrangements will need to be made for late arrivals or early departures. Please try to conform to our normal times if possible.

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## AFFILIATIONS

**Christian Camp and Conference Association (CCCA)**- Spruce Lake Retreat is a member of CCCA, which exists to proclaim the power and benefits of the Christian camp and conference experience, and to provide leaders at member organizations with ongoing encouragement, professional training, and timely resources. CCCA has over 1000 camps and organizations as members and can be found at [www.ccca.org](http://www.ccca.org).

**Franconia Mennonite Camping Association (FMCA)**- Spruce Lake Retreat is owned and operated by an association called FMCA. More information can be found on the web at [www.sprucelake.org](http://www.sprucelake.org).

**Mennonite Camping Association (MCA)**- Spruce Lake Retreat is a member of MCA, which serves as a clearinghouse for directing and promoting Christian camping among Anabaptist/Mennonite conferences and congregations throughout Canada and the United States. See [www.mennonitecamping.org](http://www.mennonitecamping.org) for details.

**American Camping Association (ACA)**- Spruce Lake Wilderness Camp upholds the standards for health, safety and program quality set by the American Camping Association. See [www.acacamps.org](http://www.acacamps.org) for details. Not accredited with ACA.

## CONTACTING WILDERNESS CAMP

### **Mailing Address:**

SPRUCE LAKE WILDERNESS CAMP  
5389 Route 447  
CANADENSIS, PA 18325

**Phone:** 570-595-7505 x2 & 800-822-7505 x2

**Fax:** 570-595-0328

**Website:** [www.wildernesscamp.org](http://www.wildernesscamp.org)

**Contacting Wilderness Camp when camp is not in session**- Since we operate primarily for three months, we do not always have set year round office hours. If you get our phone message we will return your call in a timely fashion. We can also be reached by e-mail through the contact us feature on our website [www.wildernesscamp.org](http://www.wildernesscamp.org).

**Contacting Wilderness Camp when camp is in session**- While camp is in session, we maintain the following office hours:

*Monday – Thursday 9am-5pm, Friday 9am-9pm, Sunday 1pm-7pm*

We check messages twice on Saturdays (mid-morning & late afternoon), and once on Sunday morning. We encourage you to anticipate needs for upcoming weeks of camp (busing changes, directions, etc.) before the weekend prior so that you can take advantage of our regular office hours.

### **Please contact us in a timely fashion when:**

- **You are aware of a camper wellness issues** that arises after submitting the Health Form, such as a recent injury or illness, psychiatric issues, or traumatic events (parental issues, death).
- **You are responding to our call** when your child is here at camp.
- **You have travel-related issues** that affect your arrival at the drop-off or pick-up times.
- **You made arrangements for a person not listed** on the Registration / Authorized Adults Form to pick up.
- **You are planning to visit camp** while it is in operation for any reason. Let us know in advance and please understand visiting with your son/daughter is not permitted while camp is in session.

## EMERGENCY COMMUNICATION

If you have an emergency and cannot get through to Wilderness Camp on the phone, try the emergency cell phone/**Director's cell phone: 215-933-9521**. As a last resort call the Retreat Center 570-595-7505 ext. 1 or 800-822-7505 ext. 1 and ask if they will be able to contact Wilderness Camp by radio.

Please rest assured that in the event of a communications breakdown such as a power outage, regional crisis, or national incident, we are doing everything in our power to care for your child. You can check your camp [account](#) as there may be an update posted on our status, whatever the issue is.

## **HEALTH CARE AND ACCIDENT INSURANCE**

**Camper Health Form and Safety Waiver-** These are significant forms that we need to help ensure your child's wellbeing during camp. The *Health Form* includes emergency contact information and health related information required to care for your child. The *Safety Waiver* gives your child permission to participate and gives us permission to dismiss your son/daughter to someone other than yourself. Both must be signed and fully completed for your camper to attend camp.

- **Please complete the form online or mail the Camper Health Form at least 3 weeks prior** to your son/daughter's week.
- You may attach a copy of your child's immunization records and a copy of both sides of your insurance card.
- You are responsible to provide health and safety updates after the form has been mailed. Updates include changes in your child's health, emergency contact information, adults permitted to pick up your child, and any other information that would help us in caring for your child.

**Medications at camp-** All medications must be sent in the **original container** with the **original label**. In an effort to reduce the number of medications that a child needs to bring, Wilderness Camp stocks many common "over the counter" medications (Tylenol, Benadryl, Cough & Cold remedies, etc).

Help us reduce the amount of vitamins and drugs to administer by sending only what is essential. If your son/daughter has a medication that needs to be with them at all times (bee sting kit, inhaler, etc.), please provide a fanny pack for your child.

**Health Care at Camp-** A camp nurse is on the premises at all times while camp is in session. They are responsible to administer medications, provide care under our standing orders, and inform counseling staff of health related issues. Numerous staff members are trained in CPR, First Aid, and Life-guarding. In addition, 911, hospital, and clinic services are available as needed with an approximate 20-minute response time.

**Accident Insurance-** Your child needs insurance while at camp. There are plans available that provide coverage for one week while your child is at camp that can be purchased independently. Please contact camp if you need one of these.

## **STAFF SCREENING AND TRAINING**

Each summer Wilderness Camp employs over 30 staff, ages 16 years and older. Quality staff is our number one asset at Wilderness Camp. We seek to find solid Christian men and women who are living out their faith authentically and with integrity and place them in roles that match their passions and skills.

**Staff Screening-** Each staff person at Spruce Lake Wilderness Camp is carefully screened. We require each summer staff to go through the application process annually, even if previously hired. We review applications, screen at least three confidential references, review employment/education history, and conduct personal interviews. All potential staff members are required to sign a voluntary disclosure statement giving us permission to complete background checks with the Pennsylvania Sexual Abuse registry, Pennsylvania Criminal History, FBI fingerprinting, and Social Security address verification.

**Staff Training-** All staff are required to attend a two-week summer staff training event that covers both general subjects and subjects specific to their roles. Our general training involves sessions on Health and Safety, Abuse prevention and reporting, Risk Management, Age Group Characteristics, Organizational Mission, Supervision, and more. More specific trainings are offered for staff working with campers, leading expeditions, in the kitchen, supervising others, and so on depending on the role.

## WEB FEATURES

Each camp week will have a web page where details can be found. There is a printable version available.

- Forms: **The Health Form MUST be filled out online OR printed and mailed to camp.**
- Busing Info: Explains Registration-loading, Chaperoning, Dismissal-unloading, Directions & Times.

Go to our website, [www.wildernesscamp.org](http://www.wildernesscamp.org) to find additional helpful information.

*\*Please note that certain links are only accessible with the username and password you used to register.*

You will be able to email your camper and see their pictures in the following manner:

- We will be emailing you with information about camp; one of those emails will give you instructions for emailing your camper.
- Within the first couple days of camp, we will let you know when camp photos are available for viewing.
- After camp we will email you instructions to complete parent evaluations for camp weeks attended by your children.

## CONTACTING/ VISITING YOUR CAMPER

**Camper Contact Policy-** *Family/friends are asked not to have direct contact with campers while camp is in session.* While we support good parent/camp communications we do not support direct camper/parent phone calls or direct camper/parent visits while camp is in session. The reasons for this policy are many including authority confusion, camper security, homesickness, misunderstandings, and technology issues. Camp is really about the special relationships formed in the camp setting. This is not to say that we will not allow contact as we or you have special circumstances, but we ask you to trust Spruce Lake with checking on and reporting to you the well-being of your son/daughter.

**Letters and e-mails to campers** are the best way to communicate with campers, and we will faithfully deliver those messages to your son/daughter. *Campers will be able to mail letters and postcards but will not have access to outgoing Fax or E-mail.*

**Mail-** *If you are mailing a letter to your camper please allow 3-4 days. Some parents choose to drop off notes at registration too. Generally format your letters to campers as follows:*

CAMPER NAME, TENT# (If known)  
CAMP SESSION NAME  
SPRUCE LAKE WILDERNESS CAMP  
**5389 Route 447**  
**CANADENSIS, PA 18325**

**E-mails** *received by 9AM will generally be delivered the same day. We cannot accept attachments.*

1. In the week before your camper's week of camp we will send you an email with more information about your child's week. If you would like to email your camper, you will find instructions to do so in that email. Please note that emails are printed daily and given to campers. Campers do not have access to computers or email.

**"Camper Checks" During Camp-** We will gladly check in on your child and let you know how things are going. If you request a camper check for the Wilderness Camp program, our male or female head counselor will speak personally with both your child and his/her counselor to see how the week is going. Then, shortly after the next meal, they will give you a call personally and update you!

**Visiting Spruce Lake-** As mentioned, family and friends are asked not to visit with campers during camp operation. If you are visiting Spruce Lake or a guest at Spruce Lake Retreat, we ask that you not visit with your camper. If you desire to visit or become acquainted with our Wilderness Camp, please make arrangements ahead of time with the office. All visitors are asked to come to the office upon arrival, which is located in the "Huckleberry" cabin in the Wilderness Camp area. We will provide a VISITOR badge for you to wear until your departure. Visitors who come while the evening Fireside is in session can come directly to the pavilion to find the Visitor Sign-In Sheet. Please sign out upon departure.

## **FINANCIAL STATEMENT**

This statement shows all charges and credits that are applied to your child's account. Please use this statement to confirm the following information and ***let us know if you see any discrepancies:***

- The name and dates of the camp that we are expecting your child.
- Transportation details from Franconia or William Penn Hwy (To Camp, and/or Home From Camp)
- 10% Discount ONLY to campers registered before January 1<sup>st</sup>.
- 50% Discounts for new campers will be deducted on the referred camper's bill once they register for camp.
- Camper Bank Deposit is money available to spend at camp. Expedition campers need to bring cash.

If there is a **balance due**, return the payment slip with payment at least **three weeks** prior to camp.

## **TENT ASSIGNMENTS**

Camp is a time to meet new people as well as enjoy existing friendships. We ask that you communicate well with other parents and be prepared to help us find good tenting solutions when tent mate ideals are in conflict. Tenting assignments are done 1-2 weeks prior to your week of camp and it is our goal to:

1. Honor as many tent mate requests as we can
2. We will honor requests of no more than three campers together. All three campers must request the others.
3. Look for age compatibility within tent units.
4. Group several campers coming without a tent mate request together.

## **PACKING FOR CAMP**

The camper details for your child's week can be found on the webpage on the Wilderness Camp website, under the name of that week's camp (Discoverers, Trekkers, Adventurers, and Navigators.) Included in the **printable details** is a packing list. In addition to clothing items, some commonly overlooked items are unbreakable plate ware, sleeping bags, flashlights, and rain gear.

- Please look over the packing list at least a week prior to camp.
- Please help your child plan what to take, making sure that they are bringing an appropriate amount and style of clothing, noting the **modesty standards**.
- Make sure that luggage and important items have your son's/daughter's full name on them.
- Campers in a 12 and up week of camp are asked to bring dark pants and a long-sleeved shirt for an evening game. Navigator campers are asked to bring a casual dress outfit for the theme dinner.

## **MONEY AT CAMP**

Please send camp store deposits prior to camp. Wilderness campers deposit spending money into the "camper bank" where a computerized "bank card" system will then be used to keep a record of each time a camper makes a purchase. Money not spent will be refunded to your child in whole dollars only. Most Wilderness campers find that \$25-\$50 per week is sufficient. Common purchases are:

- Spruce Lake apparel (Sweatshirt \$24, T-Shirt \$12)
- Miscellaneous Gift Shop items (\$0.25 - \$15.00 per item)
- Retreat Center Snack Shop money (\$1.00-\$4.00 per day for a drink and/or a snack)
- **Freewill offering**- Campers are invited to participate in a freewill offering to support the Wilderness Camp's Campership program. (One-time offering taken on Thursday evenings.)

## DIRECTIONS TO WILDERNESS CAMP

The Wilderness Camp entrance is located off Route 447, about 2 miles north of the traffic light in Canadensis (the intersection of Rt. 390 & Rt. 447). Turn left onto Long Rd. by the wooden Wilderness Camp sign. Make the first right, following the dirt road just less than 1 mile to the Wilderness Camp Pavilion. For more general directions to get to this area, visit our website at [www.wildernesscamp.org](http://www.wildernesscamp.org) and click on the "Directions" Link at the bottom of the screen, or use the following link to get there in one step <http://www.sprucelake.org/contact/directions/>.

## REGISTRATION/ ARRIVAL

**Registration opens Sunday after 3:15 PM** in the Wilderness Camp Pavilion. Buses will arrive by 4pm. *Discoverer Mini-Camp registration will open Wednesday just after 10 AM.* To register, campers must have:

- Any special notes or instructions
- Medications clearly marked in **original containers**
- Camper Bank \$ if not already sent
- Camper Health Form & Safety Waiver if not already completed. These are required to participate at camp.

## WILDERNESS CAMP CONTACTING YOU

Non-emergencies and routine questions make up the vast majority of our phone calls. But we do ask you to be thoughtful in providing emergency contact information on the health form so that we are never without a method to contact you or a designated emergency contact during a camp week.

### **Typical reasons we may call:**

- If following up on financial balances, lack of bank money, lost and found, or incomplete information on the Health Form or the Safety Waiver.
- If there is any question about how (bus/car) and with whom your child is departing camp.
- In response to a request for us to check on your camper.
- If we need higher medical care than we offer within the camp setting for your child.

**Other reasons we may call-** As a camp, you are entrusting us to make reasonable decisions with regard to your child's welfare. Understand that we will not call home about every circumstance, but you are welcome to do camper checks at any time throughout the week, and we will give you an open and timely response. We generally call to get your perspective on a specific situation or when we feel the situation is uncommon. Below are some examples of how we deal with situations at camp:

**Homesickness-** It is common for children to miss their parents and home, especially in the later hours and less structured times of day; in these situations you probably would not get a call. It is uncommon to be homesick throughout whole days or cry or be withdrawn consistently. It is uncommon for children to become demanding, inconsolable, or shut themselves off from the counsel of others. In the last two situations, we will call. *Please know that you can help children avoid homesickness by helping them to know what to expect at camp and then sending timely and upbeat correspondence to them while they are at camp. When possible, avoid vacations directly prior to camp experiences for younger children.*

**Illnesses/injury-** It is common to have many children see the nurse about a range of issues that are easily managed. If the nurse sees the same child about similar issues repeatedly without progress, we will call. We will also call if your child will need extra medical care, stays overnight in the nurse's clinic, or is kept out of activities for more than a half day.

**Behavioral issues-** It is common to have disagreements among campers or for a camper to feel uncomfortable within a new setting. But it is uncommon to have relationships with ongoing, increasing tensions or for a child to feel continually out of place or sorts; therefore we will call home to keep you informed and ask for your perspective. Also, if a behavior occurs that gives us concern for the physical or emotional wellbeing of your child or another child, we will call.

## **DISMISSAL & DISMISSAL POLICY**

**Dismissal is either 3:30 PM or 6:30 PM on Friday.** Parent / Child Mini-Week, Trekkers, Adventurers, and Navigators are dismissed at 6:30, and you are invited to attend the **Closing Ceremony** at 5:30pm. Dismissal for Discoverers Mini-Week and Weeklong will be at **3:30 PM** with a Closing Ceremony at 2:45pm.

**Camper Dismissal Policy- *Only authorized persons will be permitted to pick up a camper from camp.*** Parents/Guardians will be asked to list authorized adults who have permission to pick up their child/children. Campers not riding the bus will remain at their table with their counselor and wait for an authorized adult to sign them out. If the person picking up your child is not on the list of authorized persons, they will not be able to leave with your child until our staff contact you or another emergency contact person for permission.

This procedure will also be followed at the Bus Drop-Off Locations. You or the authorized person will be asked to sign out your child/children prior to departing. If you arrive early, you can sign your camper out before the bus arrives.

**Early Dismissal/Pick-up at unusual time-** If your camper needs to be picked up for any reason at a time other than the normal dismissal, we ask that you make arrangements with the office ahead of time. You or your designated authorized person should come to the office, located in the "Huckleberry" cabin, to sign out the camper prior to departing. Depending on the time of departure, we may have your camper's tent photo, unspent Camper Bank Money, and DVD.

## **LOST AND FOUND**

We will do our very best to return whatever was left at camp by your camper. Contact our office to provide a description of the item lost, and we will contact you to let you know whether the item has or has not been found.

- Items with full camper names written or sewn in help us return lost articles with more success.
- Returns will occur at the cost of the camper family.
- Items left on the bus or in the luggage truck will be returned to Spruce Lake on the following Friday or Sunday bus and then be kept at Spruce Lake.
- Our bus can be used to return lost items without cost as long as you contact us and are willing to meet the bus at the scheduled time of arrival.
- Lost items not claimed before October of the same year may be redistributed to a thrift store, disposed of, or set aside for future camper use.

## **TRANSPORTATION BY BUS**

**Bus registration and Fee for service-** Add bus transportation to your registration if desired. We cannot guarantee a spot on the bus if a seat is not reserved and paid for at least 3 weeks prior to the week of camp. There is an \$18 fee each way for the Franconia bus and \$14 fee each way for the William Penn bus. Your transportation needs (to camp and home) and location (Franconia, William Penn Hwy) are indicated on the Statement of Accounts. *Please confirm the details and contact us to make changes.*

**Pre-registration/ Loading the bus-** A camper bus registration table will be set up only at the Franconia location. Campers and parents/chaperones **will visit the table prior to loading the luggage or the bus** to verify necessary information and to receive a name tag for your camper. Campers must remain with parent/guardian until they board the bus. Please have your camper visit the restroom before boarding the bus they are assigned. A water bottle may be carried on.

**Unloading the bus-** Unloading is more involved; for your camper's security we cannot release a camper to any person not authorized by the parent or guardian. You or the authorized person will be asked to sign out your child/children prior to departing.

**Chaperoning for the bus-** We need chaperones on Sundays and Fridays to accompany the campers. If you indicate an interest in chaperoning, we will call you if we are in need of a chaperone for that week. Please note that only if you are a confirmed chaperone will you receive a reimbursement for the bus fee.

### **Bus Supervision/Rules**

Chaperones are asked to supervise the passengers, which enables the driver to concentrate on driving. Rules that campers should be following include:

1. Following the directions of the driver or chaperone.
2. Always staying seated while the bus is moving.
3. Keeping their heads and hands inside the windows if opened.
4. Maintaining a noise level that is acceptable to drivers and chaperones.
5. Being safe in your actions while loading and unloading.
6. Never throw anything out an open window- passengers may be cited for littering or held liable for damage to other vehicles on the road.
7. Treat others with respect- the way you like to be treated.
8. Snacks are permitted as long as trash is put in its proper place. Beverages- water bottles are preferred rather than juice boxes.
9. Vehicles may not exceed the passenger seating capacity established by the manufacturer.

### **Consequences for Breaking the Rules**

1. Verbal warning by chaperone or driver.
2. Camper is assigned to a seat in the front of the bus.
3. Camper sent to the Director upon arrival and parents notified. If return trip, Director and parents notified.

## **Franconia Bus Location & Time**

**Bus location-** Bus service is provided to camp from the Franconia Mennonite Church, located on Route 113 between Harleysville and Souderton (30 miles North of Philadelphia). Please use the Route 113 main entrance and NOT the Meeting House Rd. entrance.

**Directions from PA Turnpike:** Take the Lansdale, PA Rt. 63, exit #31 of the NE Extension, PA turnpike. Turn right onto Rt. 63 W. Continue 4-5 miles to the intersection of Rt. 113 & Rt. 63. Turn right at the light onto Rt. 113 N and continue about 2 miles. Turn left into the Rt. 113 main entrance of Franconia Mennonite Church.

**Directions from Route 309:** Travel PA Rt. 309 S. from Quakertown or Rt. 309 N. from Lansdale to the Souderton, PA Rt. 113 exit. Take Rt. 113 South and continue on Rt 113 South to the Church. (Note: within 2 miles Rt. 113 S. crosses a RR track and turns right. Within 6 miles it passes Bergey's GMC and Allentown Rd) Turn right into Franconia Mennonite Church.



**Bus times-** It is important that you arrive at least **20 minutes early** to Franconia to register.

- √ **Franconia Bus Departs:** Sundays at 2 PM, **Except** Mini-Camp departs on Wednesday at 8:30AM.
- √ **Franconia Bus Returns:** Friday around 8:45 PM, **Except** Discoverer Mini-Week & Weeklong at 5:45pm.

### William Penn Hwy Bus Location & Time

**Bus Location-** Bus service is provided from the William Penn Hwy Park and Ride. The Park-n-Ride is a public parking area on the North West corner of the intersection of PA Rt 33 and the William Penn Hwy.

**Directions from Route 309** Travel PA Rt. 309 North to I-78 and travel East approximately 10.5 miles to PA Rt 33 (Pocono Exit).

**Directions from I-78:** Exit PA Rt-33 (Pocono's exit) 4 miles west of the PA-NJ border. Travel Rt-33 North approximately 2.5 miles to the William Penn Hwy exit and follow signs.

**Directions from Rt 22:** Exit PA Rt-33 (to I-78) 4 miles west of the PA-NJ border. Travel Rt-33 South for approximately 1 mile to the William Penn Hwy exit and follow signs.

**Bus times-** It is important to arrive at least **15 minutes early** to the William Penn Hwy Park and Ride. We cannot guarantee that the bus will wait beyond the scheduled departure. Cars may not be parked overnight, and there will be no formal registration.

- √ **WP Hwy Bus Departs:** Sundays at 3 PM, **Except** Mini-Camp departs on Wednesday at 9:30AM.
- √ **WP Hwy Bus Returns:** Friday around 7:45 PM, **Except** Discoverer Mini-Week & Weeklong at 4:45pm.

### EXPEDITION SPECIFICS

Wilderness Expeditions are very different from resident weeks of camp since the majority of the camping experience will take place off-site. We ask that you read the following exceptions and special procedures if your child is involved in an Expedition. Also see the **webpage** for your camper's specific **expedition** for more **printable details**, as they provide a detailed **packing list** and helpful information.

### Communicating with Off-Site Expeditions

While the expedition team has a cell phone with them, it is for their emergencies and often kept off to preserve the battery. Prior to each trip the team communicates the general timing of when they will be calling in to update our Wilderness Camp Office.

Specific "Camper Checks" are more involved because of reduced and delayed communication, but they are possible. Our communication with expeditions involves leaving messages and waiting for call backs. Trip leaders are instructed to check messages nightly and provide timely call backs as reception allows.

### Health & Safety on Expeditions

When your child is on an Expedition the following health care and safety measures are provided:

- One or both trip guides will be certified in CPR and Wilderness First Aid.
- Guides who are driving have had their driving records checked that year, have taken a driver safety course, and have experience driving the vehicle with which they are transporting campers. Each vehicle is checked by an experienced maintenance staff before leaving the site.
- Guides leading aquatic activities will be fully certified as a Lifeguard and be trained in rescue.
- On all trips an RN will screen campers and meet with guides prior to the trip to discuss medical/food issues related to the campers on the trip.
- At least one cell phone accompanies all trips providing more immediate contact with camp, 911, local hospital and clinical services. Each guide will carry a logistical contact sheet with them that includes

emergency contact information, local medical care facilities, and logistical contact information. *Note that cell reception may not be available in some areas.*

### Registration/Arrival/Departure

**Register at the Pavilion-** Registration timing is Sunday 3:15-4pm, like Wilderness Camps. Upon arrival you may take your luggage to the Blueberry Pavilion, a smaller pavilion located to the right and slightly uphill from the main pavilion, but then you will need to go through the registration line in the main pavilion.

### Bus Service exceptions for expeditions

Bus service for weeklong expeditions is available in the same schedule and locations as Wilderness Camp. The following trips do not have bus service provided or have bus service that does not travel at the traditional camp times:

- **Unique bus times for Catskills Adventure (Dismiss Early at 3:30pm, arriving at WPH at 4:45pm and Franconia at 5:45pm).**