

# WOMEN'S RETREAT

## SEPTEMBER 15-17, 2017

Speaker - Marsha Harvell  
Worship & Concert - The Ortiz Family

### Friday Evening Sep 15

- 4:00-7:00 Check-in at Spruce Lodge  
• Massage sessions
- 6:00 Dinner
- 7:00-8:30 Session 1 - Lakeview Program Center
- 9:00-11:00 Evening Activities:  
• Campfire & S'mores  
• Wagon Rides & Stargazing

### Saturday Sep 16

- 6:30-8:00 Morning Prayer Walk & Refit dance exercise
- 8:00-9:00 Breakfast
- 8:00-9:15 Adventure Program sign-ups in foyer, Lakeview Program Center
- 9:15-10:15 Session 2 - Lakeview Program Center
- 10:15-10:30 Morning break
- 10:30-12:00 Breakout sessions
- 12:00-1:00 Lunch
- 1:00-5:00 Afternoon Recreation & Activities:  
• Nature Center, Snack Shop and Gift Shop open  
• Climbing Tower & Tandem Zip Line  
• Refit dance, hiking, tennis, mini-golf, crafts and more  
• Massage sessions
- 6:00 Banquet
- 8:00 Concert & Coffeehouse - Maple Room & Terrace Floor 2, Spruce Lodge
- 9:00-11:00 Evening Activities:  
• Campfire & S'mores  
• Wagon Rides & Stargazing

### Sunday Sep 17

- 6:30-8:00 Morning Prayer Walk & Refit dance exercise
- 8:00-9:00 Breakfast
- 9:15-12:00 Session 3 w/morning break - Lakeview Program Center
- 12:00-1:00 Lunch
- 1:00-2:00 Massage sessions

**Room CHECKOUT @ noon Sunday**

