



# Women's Retreat

## September 13-15, 2024

**Speaker** - Alisa Childers  
**Worship** - Cristabelle Braden

### *Tentative Schedule*

#### **Friday Evening** <sup>SEP 13</sup>

4:00-7:00 Check-in at Spruce Lodge  
• Sign-up for massage sessions & activities  
6:00 Dinner  
7:15-8:30 Session 1  
8:30 Wagon Rides and Movie

#### **Saturday** <sup>SEP 14</sup>

8:00 Breakfast  
9:30-10:45 Session 2  
10:45 Morning break  
11:00 Session 3  
12:00 Lunch  
1:00-5:00 Afternoon Recreation & Activities including:  
• Massage sessions  
• Nature Center, Snack Shop and Gift Shop  
• Adventure Activity  
• Hiking, tennis, disc golf, mini golf  
• Paddle boats & kayaks  
5:00 Dinner  
6:30 Painting Party or other activity  
8:30 Coffeehouse

#### **Sunday** <sup>SEP 15</sup>

8:00 Breakfast  
10:00 Session 4  
12:00 Lunch

**Room CHECKOUT @ NOON Sunday**



"Those who hope in the Lord will renew their strength; they shall SOAR on wings like eagles ..." Isa. 40:31