



OUTDOOR SCHOOL CLOTHING MODESTY & SAFETY GUIDELINES

*For the respect of our guests, fellow classmates, and staff, we encourage students and adults to wear clothing that meets Spruce Lake's modesty standards – as described below. **Please look carefully through your clothes to honor this request.** Also, please make sure your clothing addresses safety concerns.*

- **Shirts** should be modest, not have thin straps or expose the back, and suitable for recreation. Form fitting shirts, and those that reveal bare skin when arms are raised are not appropriate. Make sure your shirts are long enough to cover bare skin when wearing a safety harness.
- Because of safety concerns, **shorts are not allowed** during SLOS-led classes or activities. It's the discretion of each school or group coordinator whether or not to allow shorts to be worn during free time. If allowed, they should be suitable for recreation, and not form fitting or overly short (length should extend past fingertips with arms at side).
- Please refrain from wearing form fitting pants such as **leggings or yoga pants** for modesty reasons.
- **Long skirts, dresses or jumpers** may be used during SLOS classes as long as they don't impede movement and/or participation and are not a safety hazard (tripping or tangling). We recommend wearing shorts or pants underneath for activities that require climbing or use of safety harnesses.
- **Short skirts or dresses** are not allowed during SLOS-led classes or activities. If worn during free time they should follow modesty standards regarding length and fit as described in previous "Shorts" and "Shirts" sections.
- Clothing with wording or images contrary to the Christian principles of the camp is not appropriate.
- Swimsuits should be modest; no bikinis. Two-pieces suits are allowed if top and bottom pieces meet/overlap. Dark t-shirts should be worn over suits not meeting previous guidelines.

We appreciate your cooperation!