

# SPRUCE LAKE

## Adventure

## TEAMBUILDING COURSE



### Description

Our Teambuilding Course Series for ages 12 and up follows the same principles as the Initiatives Series - all course elements will push your group toward listening to one another, communicating clearly, and cooperating to overcome a challenge. While some physicality is often needed, each activity requires the involvement of all participants in your group. It's lots of fun besides!



### Group Details

Time: 3 hours

Ages: 12 and up

Group Size: 8-15



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[www.sprucelake.org](http://www.sprucelake.org)

