Spruce Lake

Pointing People Toward Christ

What to Bring

- ❖ Packed Lunch & Snack
- ❖ Sturdy Sneakers
- ❖ Day Backpack
- ❖ Water Bottle
- ❖ Swimsuit (see clothing modesty – one-piece or overlapping tankinis only)
- ❖ Pool Towel
- ❖ Sun & Bug Protection
- ❖ Extra set of Active Clothing – **Please Label Clothes**
- ❖ Bible (if you have one)
- ❖ Spending Money ($5/week)
- ❖ Poncho / Rainwear
- ❖ Jacket / Sweatshirt
- ❖ Emergency Medications (inhaler, epi-pen, etc.)

What Not to Bring

Cell phones/ electronics, Non-prescription Meds, Drugs/ Alcohol/ Tobacco, Dangle or hoop earrings, Spaghetti-strapped Tops, Bikini-style swim suits, Mid-cut and short shirts, Personal sports equipment, Animals or Pets, Snack foods/ Candy, Pocket knives, Weapons of any kind, Fireworks & combustibles.

Clothing Modesty

We encourage campers to wear clothing that adheres to the modest standard described below. Please carefully look through your clothes to honor this request. If your attire is not modest, you will be asked to change.

-Swimsuits should be modest and one-piece or a Tankini-only if the fabric fully overlaps (no Bikinis or Speedos).

-Shorts/pants should be suitable for recreation and not overly tight or short (mid-thigh).

-Shirts should be suitable for recreation and modest. Please do not wear form-fitting shirts or those that reveal the stomach.

-Undergarments should not be visible (bra straps, no sheer tops/bottoms, low cut jeans, etc.).

-Tank Tops must pass all expectations for shirts, have straps that are 2 inches in width, and may not expose the back.

-Dresses should not be low-cut, expose too much of the back, or be too tight. Dresses are expected to have at least a two-inch strap. Skirts and dresses should be knee-length or longer. (Dresses/skirts are generally not appropriate for camp activities.)

-Please do not bring clothing with wording or images contrary to the Christian principles of the camp.

At the discretion of the counselors and/or managers, we may ask a camper to change or refrain from wearing certain articles if the above standard is not met.